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## Contact Us: www.myflexaccount.com p: 888-345-7990 // f: 844-859-7306 service@myflexaccount.com claims@myflexaccount.com





Save up to 30% on everyday health care expenses!

A Flexible Spending Account (FSA) is an employer-sponsored benefit that allows you to pay for certain eligible expenses using money that is not taxed. FSAs are a great way to save money while keeping you and your family healthy and protected.

There are three types of FSAs. A Health Care FSA lets you pay for eligible medical, dental and vision care expenses that are not covered by your insurance plan. A Limited Purpose FSA is generally used by individuals enrolled in a qualified high-deductible health plan with a Health Savings Account (HSA) and reimbursed eligible dental and vision expenses only. A Dependent Care FSA allows you to use tax-free dollars for qualified child or elder care expenses.

## Why You Need It

- ✓ A smart way to plan for expected health care and dependent care expenses
- ✓ Save up to 30% on a variety of eligible expenses
- ✓ Increase your take home pay by reducing your taxable income
- ✓ Easy and convenient access to FSA funds and account information

You could save up to **\$600** each year with an FSA!



# FSA with CrossTech



### How it Works

You decide how much to contribute to the FSA. The amount you elect is divided up over your pay periods for the year and deducted from your paycheck before any payroll taxes are applied. You can use your FSA to pay for eligible expenses for you and all of your dependents, even if they are not covered under your primary health plan.



### How You Use It

With our convenient CrossTech feature, your health insurance company will automatically send your medical claims to Flex via an electronic claims feed. The portion of the claim that you have to pay out-of-pocket will automatically be reimbursed to you from your FSA.

### How You Manage It

Get account information anytime with our easy-to-use web site and mobile app. See your account balance in real time, file a claim for reimbursement and check on claim status. You can receive real time information and important updates via email or text message, and with our proactive texting feature, simply text "BAL" to receive a real time account balance.

### **How You Plan**

You should look at your expected out-of-pocket expenses for the upcoming year to properly plan ahead. Be conservative with your election, because IRS rules state that you must forfeit any unused funds at the end of the plan year. For the most part, FSA elections are final and cannot be changed during the plan year. Exceptions may apply if you experience a qualifying change in status like marriage, divorce of the birth of a baby.

### How Much Can You Save?

### The example below illustrates how much you can save by participating in the FSA

Without FSA		With FSA	
Your gross annual pay	\$35,000	Your gross annual pay	\$35,000
Estimated tax rate (30%)	-\$10,500	Your annual FSA Election	-\$2,000
Your net annual pay	\$24,500	Your adjusted gross pay	\$33,000
Your annual healthcare expenses	-\$2,000	Estimated tax rate (30%)	-\$9,900
Your final take-home pay	\$22,500	Your final take-home pay	\$23,100

In this example, you'd take home <u>\$600 more</u> with an FSA!

Learn more

myflexaccount.com





# FSAs can save you up to 30% on everyday expenses

## **Health Care FSA**

### **Health Plan Related Expenses**

- ✓ Prescription Drugs
- ✓ Co-payments
- ✓ Doctor Visits
- ✓ Hospital Charges

## **Dental Care**

- ✓ Dental Exams and Cleanings
- ✓ Fillings, Root Canals and Crowns
- ✓ Dentures and Bridges
- 🗸 Orthodontia

## Vision Care

- ✓ Eyeglasses
- ✓ Contact Lenses
- ✓ Contact Lens Solution
- ✓ Laser Vision Correction

## **Medical Supplies**

- ✓ Bandages
- ✓ Digital Thermometers
- ✓ First Aid Kits
- ✓ Over-the-Counter Medications



Save and Spend Healthy!



# X

## **Limited Purpose FSA**

## **Dental Care**

- ✓ Dental Exams and Cleanings
- ✓ Fillings, Root Canals and Crowns
- ✓ Dentures and Bridges
- ✓ Orthodontia

## Vision Care

- ✓ Eyeglasses
- ✓ Contact Lenses
- ✓ Contact Lens Solution
- ✓ Laser Vision Correction

## **Dependent Care FSA**

- ✓ Day Care Centers
- ✓ Preschool Charges
- ✓ Before- and After-School Care
- ✓ Summer Day Camp
- ✓ In- and Out-of-Home Care for Children or the Elderly





Save on daycare costs!



# Say Goodbye to Paper Claims with CrossTech

Tired of looking for receipts and filling out claim forms? With CrossTech<sup>®</sup> all of your medical, prescription and dental claims through Blue Cross<sup>®</sup> and Blue Shield<sup>®</sup> of Illinois (BCBSIL) PPO plans will be submitted automatically to your Flex Account.\* The portion of the claim that you have to pay out-of-pocket will be automatically reimbursed to you from your Flex Account.

### **Benefits of CrossTech**

- ✓ No claim paperwork to complete
- ✓ Guaranteed secure information transfer between BCBSIL and Flex
- ✓ Simple, automated claims process

### You Should Not Enroll in CrossTech if:

CrossTech eliminates the hassles of claims submission!

- ✓ You are on an HMO plan or any other plan that is not a BCBSIL PPO health plan
- ✓ Your or your dependents are covered under another health plan with coordination of benefits
- ✓ You are covering a domestic partner who is not your covered dependent for income tax purposes
- ✓ You do not want your out-of-pocket expenses automatically submitted to your Flex Account

\*Check with your employer for the Flex Account available to you.



# CrossTech Workflow

Submit your Flex claims automatically!

©Flexible Benefit Service LLC

# Point of Service

- ✓ You present your medical ID card to your healthcare provider
- ✓ Your healthcare provider submits a claim to your insurance company
  - Time frame may vary depending on healthcare provider

## **Insurance Company Claims Processing**

- Your insurance company receives the claim data from your healthcare provider
- ✓ Your insurance company processes your claim
- $\checkmark$  Your insurance company sends the claim data to Flex for processing
  - Generally within 7-10 business days

## **Flex Processing**

- ✓ Flex receives claim data from your insurance company
- $\checkmark$  Flex processes your claim and applies to your Flex Account
- Reimbursements are processed on all applicable approved claims
  - The date your reimbursement is issued depends on your employer's reimbursement schedule













# More time to spend your FSA funds

The Grace Period is an extended period of time that allows you extra time to incur expenses to use your remaining FSA balance after the plan year ends. This convenient feature helps reduce the risk of forfeiting unused FSA funds at the end of the plan year.

### **How it Works**

- ✓ You have an extra two-and-a-half months after your plan year ends to incur new expenses against the previous year's election
- ✓ When using your Flex Card or submitting claims during the Grace Period, the funds will first pull from your previous plan year's account until those funds are depleted

If your plan year ends on December 31, you would have until March 15th of the following year to spend down your unused FSA funds.

- ✓ After the Grace Period ends, you will have an extra period of time—called the run-out period—to submit claims to Flex. Check with your employer to see how long the run-out period lasts for your plan
- ✓ Funds left in your account at the end of the Grace Period are forfeited, so be sure to plan ahead

### **How it Helps**

- ✓ Eliminates much of the worry about "use it or lose it
- ✓ No more rushing to spend FSA funds on unnecessary items at the end of your plan year
- ✓ Makes it easier to plan for future expenses





## Manage Your Benefits Online

The myflexaccount.com participant web site offers you a helping hand with your FSA, HRA, HSA, or Commuter Plan before <u>and</u> after logging in.

## Resources Available Before You Log in

Get general account questions answered with these useful resources:

✓ Educational videos

✓ Eligible expense lists

✓ Plan calculators

✓ FAQs and more





## Resources Available After You Log in

Get the details for yourself and any dependents:

- ✓ View your benefit information, including account balance, transaction history and claim status
- ✓ Submit new claims online and add receipts to pending claims
- ✓ Edit personal demographic information
- ✓ Update reimbursement method
- ✓ Track medical, dental, vision and prescription expenses
- ✓ Get important announcements from your employer
- ✓ Set communication preferences
- ✓ Register your mobile phone for SMS text alerts
- ✓ Enroll online (if applicable)
- ✓ Manage your Flex Card (if applicable)

## Pay Providers or Pay Yourself



Pay your provider directly or reimburse yourself for services you've paid for out-of-pocket from myflexaccount.com.

## Get started on your way to Save & Spend Healthy

Visit myflexaccount.com today







# Save and Spend Healthy On-the-Go

The secure My Flex Account Mobile App helps you make smart money moves by providing convenient access to your FSA, HRA or HSA.

## **Easily:**

- ✓ Check account balance
- ✓ Get transaction details and claim status
- ✓ Submit new claims and add receipts to pending claims
- ✓ Update reimbursement method
- ✓ Manage your Flex Card (if applicable)





Simply take a photo of your receipt or Explanation of Benefits from your phone or tablet.

## Download the free My Flex Account Mobile App today!







# **FSA Election Form**



Date:		
Fax- #	of Pages:	

### Personal Information (\*Required)

*Company Name:	*Effective	Date of Election:
*Employee Name:		*Gender:
Date of Hire:	*SSN:	*Date of Birth:
*Address:	*City:	*State:*Zip Code:
Phone Number: Fa	ax Number:*Er	mail Address:
Does the employee wish to enroll in CrossTe	ech? Yes No	

### **Enter Annual Election**

FSA Elections	Annual Election Amount	Pay Period Frequency (W, B, S or M*)	First Payroll Date Affected
Health Care FSA**	\$		
Limited Purpose FSA**	\$		
Dependent Care FSA	\$		

Remember, when your needs change, FlexFSA does too! You can change your premium elections any time you have a qualifying event that would change the status and/or premium amount of your employee insurance (i.e. marriage, divorce, birth or death of a child, death of a spouse, adoption or change of employment by spouse).

\*Pay Period Frequency: W = Weekly; B = Biweekly; S = Semi-monthly; M = Monthly

\*\*If you have an HSA, you are only eligible to participate in a Limited Purpose FSA if offered by your employer

#### **Acknowledgement and Signature**

□ I acknowledge that I am authorizing the company to deduct equal amounts from my paychecks to collect the designated pre-tax column above. I recognize that these selections constitute a deliberate binding decision on my part that may not be changed until the enrollment period for the next plan year or if I experience a change in status

OR

Employee Signature:\_

Date:

I elect **NOT** to participate in any portion of the FlexFSA plan. (i.e FSA, Dependent Care, Limited Purpose).

Employee Signature:\_

Date:

## Save and Spend Healthy On-the-Go

Download the free My Flex Account mobile app today!



